

PARENTHOOD EDUCATION AND COUNSELING.

Paper no.- HSHD – 304

ES -3

Credits -2 +2=4

Sem. – 3 (M.Sc. H.D.)

Marks – 50+50= 100

OBJECTIVES

- 1) To understand the importance of parenting and parenthood education.
- 2) To understand the significance of parents role in childhood period.
- 3) To develop skill to involve parents in childhood education.
- 4) To understand the need for counseling human development.
- 5) To discuss the processes involved in counseling at different stages in life .

UNIT : 1

Parenthood, Meaning, Importance, duties and role. Effect of family structure on parenthood.

- The task of parenting and the concept of parenting skills.
- Changing concept of parenthood and childhood.
- Being a competent parent .

UNIT : 2 Individual parenting Roles.

- Determinants of parenting behaviour.
- Characteristics of the parenting roles.
- The mothering role.
- The fathering role.
- Concept of family, the family life cycle stages.
- Effect of culture and family tradition.

UNIT : 3

- Parenthood and planning of family.
- Methods of child rearing practices.
- Principles of counseling and therapy
- Approaches to counseling at different developmental stages.
- Family therapy approach.

UNIT : 4

- Qualities and skills of a counselor.
- The process of counseling.
- Types of counseling.

PRACTICALS

- 1 Conducting home visits and interviewing to parents.
- 2 Organizing parent education literature based on parents needs.
- 3 Study about children problems faced by parents and prepare to their needs.
- 4 Conducting parent – teacher meeting.
- 5 Learn about the counseling process.
- 6 Conducting counseling programs for parents.
- 7 Visit to a counseling center.

REFERENCES

- 1 Burnard, P (1999). Counseling Skalls training. New Delhi, Viva Books.
- 2 Manthei .R (1997), Counseling , the Skalls of finding solutions to pr oblems. Londen, Roulledge.
- 3 Micolsan, D and Ayers. H (1995). Individual counseling, Therapy and Practice, London, David Fulton.
- 4 Diane E. Papalia (1992), Human denelipment 5th sdition, International edition M C Grow Hill, IMC.